



# The Australian Christian Meditation Community

## 2012 National Retreat

*Tuesday 3 - Sunday 8 July 2012*

A fully residential silent retreat.

The program will include periods of silent meditation, prayer, personal reflection, Eucharist & key conferences

by **Fr. Laurence Freeman OSB**



## “Stages - the Way Up is the Way Down”

From ancient philosophy to St John of the Cross (who used this expression) and throughout our tradition we find a common wisdom about the stages of contemplation. Fr Laurence will describe them in ways that illuminate and encourage our personal journeys and help to avoid unnecessary delays on the path. Expanding on John Main's route map of the mantra he will also show how the inner practice is always reflected in the way we live.

- Dates: Tuesday 3 - Sunday 8 July 2012 (registrations will be open from 1-4pm on Tuesday 3 July)
- Venue: Newman College, the University of Melbourne.
- Retreat Leader: Fr. Laurence Freeman OSB

### • **Booking timeline key dates:**

- February 1: Bookings open and booking forms available online at [www.christianmeditationaustralia.org](http://www.christianmeditationaustralia.org)
- March 16: Early bird payment (\$675) in full by 16 March.
- May 31: Final payment (\$750) in full by 31 May.

