

## NORTHERN AND WESTERN NSW

<b>ALSTONVILLE</b> private home	<b>Sat</b>	<b>08.00</b>	Rev. David Brown	6628 1475
<b>ARMIDALE</b> Parish Library Catholic Cathedral	<b>Wed</b>	<b>17.30</b>	Mrs Lorraine Nano	6772 5053
<b>BALLINA</b> Anawin Parish House (next to Catholic Church) Cherry St	<b>Sat</b>	<b>09.30</b>	Dympna Sheehy	6686 6738
<b>BANGALOW</b> All Souls Anglican Church Ashton Street	<b>Frid</b>	<b>09.00</b>	Fr Russell Trickey	6687 1046
<b>BATHURST</b> Catholic Presbytery Chapel	<b>Tues</b> <b>Tues</b>	<b>08.00</b> <b>17.30</b>	Mrs Hilary Reedy	6332 3892
<b>BLACKHEATH</b> private home	<b>Sat</b>	<b>15.00</b>	Barbara Smith	4787 6032
<b>BYRON BAY</b> St Paul's Anglican Church 14 Kingsley St. <b>1<sup>st</sup> &amp; 3<sup>rd</sup></b> Frid of month	<b>Frid</b>	<b>09.30</b>	Rev Hilary Singleton	66855844
<b>FORSTER</b> Catholic Church, The Lakes Way	<b>Tues</b> <b>Tues</b>	<b>09.00</b> <b>19.30</b>	Bob Cashman	65555914
<b>KINCUMBER</b> St Joseph's Convent, Humphreys Rd	<b>Tues</b>	<b>19.00</b>	John Sheehan	4381 1002
<b>KINGSCLIFF</b> St James by the Sea Anglican Church	<b>Wed</b>	<b>11.00</b>	Charlie Bradford	6674 5349
<b>LAWSON</b> Outside Chapel behind Santa Maria Centre next to Our Lady of the Nativity Catholic Church, Great Western H'way	<b>Wed</b>	<b>17.00</b>	Terry O'Donnell	4758 7683
<b>LEURA</b> 227 The Mall, Leura	<b>Mon</b>	<b>10.30</b>	Barbara Smith	4787 6032
<b>LIGHTNING RIDGE</b> St. Joseph's Convent, Morilla St	<b>Wed</b>	<b>17.00</b>	Merilyn Knight	6829 0386
<b>LITHGOW</b> Mary McKillop Chapel St Patrick's Church	<b>Frid</b>	<b>14.30</b>	Maureen McPherson	6351 4140
<b>MORPETH</b> 8 Robert Street	<b>Thurs</b>	<b>10.30</b>	Jane Purkiss	4934 2327
<b>MULLUMBIMBY</b> St Johns Church, Parish Rm	<b>Wed</b>	<b>17.00</b>	Mrs Judi Nicholls	6684 2225
<b>MURRURUNDI</b> St Joseph's Catholic Church, O'Connell St	<b>Frid</b>	<b>17.00</b>	Annette Leehy	6546 6193
<b>OBERON</b> Isolated Rural Meditator	<b>Wed</b>	<b>17.30</b>	Rita Boyce	6335 6349
<b>PORT MACQUARIE</b> Prayer Meeting Room near St Agnes Hall. Parking off Hayward St behind KFC	<b>Tues</b>	<b>18.00</b>	Cathy & Michael Hawtin	6582 1450
<b>SPRINGWOOD</b> Uniting Church, Lewin St	<b>Sat</b>	<b>08.00</b>	Colin Hyndes	4754 3464
<b>TAMWORTH</b> St John's Anglican Church Carthage Street	<b>Wed</b>	<b>19.30</b>	Jacque Dabron	6766 3943
<b>TAREE</b> (prev. Old Bar) <b>PLEASE PHONE</b>	<b>F/ntly</b>	<b>10.00</b>	John O'Donnell	6553 6975
<b>THE ENTRANCE</b> Our Lady of the Rosary, The Entrance Rd	<b>Wed</b> <b>Frid</b>	<b>19.30</b> <b>10.30</b>	Ernest Lindfield	4333 9311
<b>WINGHAM</b> Catholic Church, Farquar St	<b>Tues</b>	<b>14.30</b>	Anne McCormack	6557 0009
<b>YAMBA</b> Carroona Aged Facility	<b>Frid</b>	<b>15.30</b>	Margaret Lawrence	6646 9002

## NEWCASTLE – HUNTER VALLEY

<b>ADAMSTOWN</b> Uniting Church Cnr Brunker & Glebe	<b>Wed</b>	<b>19.00</b>	Gloria Carter	4944 7016
<b>BOLWARRA HEIGHTS</b> Private home	<b>Wed</b>	<b>10.00</b>	Beverley O'Toole	4930 1508
<b>BOOLAROO</b> Our Lady Help of Christians	<b>Wed</b>	<b>16.00</b>	Charmaine Clarke	4946 9779
<b>BROADMEADOW</b> Christian Library, 137 Broadmeadow Rd <i>prev. HAMILTON</i>	<b>Mon</b>	<b>15.00</b>	Jeanette Murray	4957 8357
<b>CARDIFF</b> - Convent Chapel, 228 Main Rd	<b>Mon</b>	<b>09.30</b>	June Cherry	4940 9081
<b>CHARLESTOWN</b> St Albans Church	<b>Mon</b>	<b>08.00</b>	Janet Storer	

			Linda Rees	4943 9955
<b>DUNGOG</b> St Mary's Catholic Church Hall, Brown St	<b>Wed</b>	<b>18.45</b>	Bette Diver Jennifer Rumbel	4992 1753
<b>JESMOND</b> Jesmond Park Uniting Church 15 Robert St	<b>Mon</b>	<b>18.45</b>	Maryann Burns	4957 4921
<b>MARMONG POINT</b> private residence	<b>Frid</b>	<b>10.00</b>	Gail Doolan	4958 1177
<b>MAYFIELD</b> St Columban's Church, 57 Church St.	<b>Tues</b>	<b>18.45</b>	Jan Grace	4967 4802
<b>MEREWETHER</b> Private home	<b>Frid</b>	<b>19.00</b>	Don Filmer	4963 5563
<b>TANILBA BAY</b> Tilligerry Habitat, King Albert Ave	<b>Frid</b>	<b>17.15</b>	Jennifer Gorringe	4984 5195
<b>THE JUNCTION</b> Living Waters Christian Meditation Centre, 34 Kenrick St	<b>Mon</b> <b>Wed</b> <b>Frid</b>	<b>19.30</b> <b>07.45</b> <b>11.00</b>	Sr Carmel Moore RSJ or 0412 122 297	4961 4394
<b>TENAMBIT</b> 1 Baker Street	<b>Thurs</b>	<b>19.00</b>	Beverley O'Toole	4930 1508

## SOUTHERN HIGHLANDS & TABLELANDS

<b>ALBURY</b> Centacare Olive Street	<b>Mon</b>	<b>18.30</b>	Margaret Power	6021 7859
* <b>BRAIDWOOD</b> St Bedes Catholic Church, Wallace Street	<b>Thurs</b>	<b>10.15</b>	Jeff Sutton Jennie Sutherland	4842 2651 4842 2547
<b>BOWRAL</b> Mt Emyard Retirement Village	<b>Tues</b>	<b>11.30</b>	Chris Styles	4872 3003
<b>MAJOR'S CREEK</b> Isolated Rural Meditators	<b>Sun</b>	<b>17.00</b>	Arno Struzina	4846 1010
<b>MITTAGONG</b> 70 Bowral Road	<b>Tues</b>	<b>17.00</b>	Isobel Marchment	4871 1563
<b>MOSS VALE</b> 7 Beaconsfield Rd	<b>Thurs</b>	<b>13.00</b>	Christine Lackaby	4868 2018

## ILLAWARRA

<b>CORRIMAL</b> Parish Centre, Princes H'way	<b>Frid</b>	<b>10.00</b>	Christine Collard	4284 0547
* <b>KIAMA</b> St Peter & Paul's Catholic Hall	<b>Thurs</b>	<b>19.00</b>	Maria Baden or	4234 4833 0408 245212
<b>WEST WOLLONGONG</b> St Therese Church (at rear)	<b>Mon</b>	<b>19.00</b>	Monica Dowdell	4261 5600

## SHOALHAVEN

<b>MILTON / ULLADULLA</b> Private home	<b>Tues</b>	<b>19.00</b>	Anne Troup	4454 4741
<b>MILTON</b> Catholic Church, Corks Lane 'Poustina' behind Church, phone for details	<b>Mon</b>	<b>11.00</b>	Lynne Kelly Mob: 0407540263	4454 0262
<b>KANGAROO VALLEY</b> Isolated Meditators	<b>Wed</b>	<b>17.30</b>	Archie Zamit-Ross	4465 2135
<b>NOWRA North</b> 45 Ironbark Rd, Tapitallee	<b>Frid</b>	<b>10.00</b>	Jenny Kubale	4446 0504
<b>NOWRA South</b> St John's Chapel, John Purcell Way	<b>Mon</b>	<b>19.30</b>	Les Ambrus	4421 0988

## FAR SOUTH COAST (Sapphire Coast)

<b>BEGA</b> 24 Thornhill Close, Black Range	<b>Frid</b>	<b>10.30</b>	Gail Tabor (Rev)	6492 0586
<b>BEMBOKA (BEGA)</b> Isolated Rural Meditators	<b>Wed</b>	<b>17.30</b>	Cazz Johnston	6492 8471
* <b>PAMBULA</b> St Peters Catholic Church, Monaro St	<b>Wed</b>	<b>19.30</b>	Jacqui Bell	6494 9766
<b>TATHRA (Bega)</b> Uniting Church	<b>Mon</b>	<b>16.00</b>	Jan Medina	6494 4116
<b>TATHRA</b> Star of the Sea Catholic Church, annex	<b>Mon</b>	<b>19.30</b>	Peter Harvey or 0427923111	6494 0088
<b>TILBA TILBA</b> Anglican Church, Corkhill Rd	<b>Wed</b>	<b>10.00</b>	Rev Linda Chapman	0422273021

## EUROBADALLA

<b>BATEMANS BAY</b> 32 Denise Dr. Lilli Pilli	<b>Mon</b>	<b>10.00</b>	Wilma McKeown	4471 1287
<b>BRAIDWOOD</b> Anglican Rectory Elrington St Catholic Presbytery	<b>Tues</b>	<b>19.00</b>	Rev Geoff Hoad	48422423
	<b>Frid</b>	<b>16.30</b>		
* <b>MORUYA</b> St Johns Anglican Hall, 40 Campbell Street	<b>Sat</b>	<b>09.30</b>	Rev Linda Chapman	0422 273021
<b>ISOLATED RURAL MEDITATORS GROUP</b>	<b>Wed</b>	<b>17.30</b>	Rita Boyce Arno Struzina Archie Zammit-Ross Cazz Johnston	6335 6349 4846 1010 4465 2135 6492 8471

## CANBERRA GROUPS

<b>AINSLIE</b> All Saints Church, Cnr Cowper & Bonney Sts Combined with Morning Prayer	<b>Tues</b>	<b>08.00</b>	Ted Reid	6249 1495
<b>AINSLIE</b> Blue Door Drop-in Centre, Ainslie Village, Quick Street	<b>Wed</b>	<b>19.30</b>	Noel Bentley David Chauncy	0427 170 780 6282 4770
<b>BARTON</b> St Marks National Theological College, Chapel, 15 Blackall St	<b>Thurs</b>	<b>12.30</b>	Heather Thomson	6272 6269
<b>CAMPBELL</b> Unit 8 or 9, Aloysius Morgan Villas, 117 Vasey Crescent	<b>Wed</b>	<b>16.30</b>	Ann Nugent Joy Cullen	6248 0912 6248 9365
<b>CHARWOOD</b> St Barnabas Anglican Church, Charnwood Place	<b>Sat</b>	<b>10.30</b>	Rev, Helen Dean	6258 6088
<b>COOK</b> Holy Covenant Church 89 Dexter Street	<b>Tues</b>	<b>12.30</b>	Rev. Susanna Pain	6253 3365
<b>CURTIN</b> Holy Trinity Church 3 Strangways Street	<b>Wed</b>	<b>18.00</b>	Vikki McDonough	6282 4778
<b>GOWRIE</b> Corpus Christi Church 167 Bugden Ave	<b>Wed</b>	<b>19.30</b>	Yoga Raphael	6291 1871
<b>HACKETT</b> Samaritan House Men's Refuge, 19 Hackett Place	<b>Tues</b>	<b>09.30</b>	Noel Bentley	0427 170 780
<b>HOLT</b> St John the Apostle Church (Library) Blackham St	<b>Frid</b>	<b>19.30</b>	Judy Kenny	6258 3213
<b>KAMBAH</b> St Thomas the Apostle Church, Parish Meeting Room, 37 Boddington Crt	<b>Mon</b>	<b>10.00</b>	Paul Hardman	6291 6355
<b>PAGE</b> St Matthew's Church, 12 Chewings St, in the side Chapel	<b>Tues</b>	<b>10.00</b>	John Keen	6254 2118
<b>REID</b> Wild Honey Spirituality Centre, St John's, Constitution Ave	<b>Thurs</b>	<b>17.30</b>	Winifred Lamb	6295 2772
<b>SYMONSTON</b> AMC (Prison ACT) Alt <b>Frid</b> (women) Every <b>Frid</b> (men)		10.00 15.15	Noel Bentley	0427 170 780
<b>WARAMANGA</b> St John Vianney Presbytery Meeting Room, 87 Namatjira Dr	<b>Wed</b>	<b>16.30</b>	Alma Armstrong Leigh Greenhalgh	6287 3829 6287 2095
<b>WATSON</b> Holy Rosary Parish Hall 127 Phillip Avenue	<b>Thurs</b>	<b>19.30</b>	John Jarvis Darren Churchill	6296 2001 0412196473
<b>WESTON</b> Mirinjani Village Chapel, 11 Namatjira Drive	<b>Mon</b>	<b>15.45</b>	Neil Millar Or	6288 4411 0412 433 084
<b>YARRALUMLA</b> St Peter Chanel's Church 41 Weston Street (adjacent meeting room)	<b>Sat</b>	<b>17.00</b>	Rod & Susan Page	6281 2378

\* *New groups # changes to current groups*

# AUSTRALIAN CHRISTIAN MEDITATION COMMUNITY NSW REGIONAL GROUPS



## NOVEMBER 2011

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***Meditation Introduction and Renewal days  
St. Benedict's Monastery, 121 Arcadia Rd., Arcadia  
Commencing at 10:30am on the following Sunday  
20<sup>th</sup> November 2011 19 February 2012***

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