

REGISTRATION

BLOCK letters please

NAME.....

ADDRESS

PHONE..... MOB

EMAIL

PAYMENT DETAILS

See overleaf for EFT and cheque payment details.

Payment method: EFT cheque/ money order

I enclose or have transferred:

- \$150 deposit to secure reservation.
- \$675 early-bird full payment (by 16 March)
- \$750 normal full payment (by 31 May)
- \$ donation towards the Scholarship Fund.
- \$ total enclosed payment

Outstanding balances must be paid by the due date.

Personal details: Please complete the following details, to help us plan for individual needs.

Have you been on a silent retreat before? Yes No

Emergency contact:.....

Dietary Requirements:

Other special needs:.....

Please complete this Registration form and follow the Payment Details instructions overleaf.



Laurence Freeman OSB

Fr. Laurence Freeman OSB is a Benedictine monk of the Congregation of Monte Oliveto who teaches meditation in the Christian tradition around the world. He is the spiritual guide and Director of The World Community for Christian Meditation, a contemporary contemplative community, whose outreach programme MEDITATIO brings the fruits of meditation to the wider world. His spiritual teacher was John Main OSB with whom he studied and whom he helped in the establishment of the first Christian Meditation Centre in London.

After John Main's death in 1982 Fr. Laurence continued the work of teaching meditation that had begun to develop as a global community. In 1991 he established the International Centre of the newly formed World Community for Christian Meditation that is now present in about a hundred countries. There are over 2000 meditation groups around the world, with 450 groups throughout Australia.

Fr. Laurence is the author of many books and articles including *Light Within*, *The Selfless Self*, *Web of Silence*, *Common Ground*, *A Short Span of Days*, *Your Daily Practice*, *Jesus: The Teacher Within* and his latest book *First Sight: The Experience of Faith*.

Active in inter-religious dialogue and international peace initiatives he has worked with the Dalai Lama and leaders of other faiths. Fr Laurence encourages the teaching of Christian meditation to children and students around the world and the recovery of the contemplative wisdom in the Church and society at large.

For further information:

International website: www.wccm.org

Australian website:

www.christianmeditationaustralia.org



The Australian Christian
Meditation Community

Silent Meditation Retreat

led by

Laurence Freeman OSB

at

Newman College

University of Melbourne

Tuesday 3 to Sunday 8 July 2012



"Stages - the Way up is the Way Down"

From ancient philosophy to St John of the Cross (who used this expression) and throughout our tradition we find a common wisdom about the stages of contemplation. Fr. Laurence will describe them in ways that illuminate and encourage our personal journeys and help to avoid unnecessary delays on the path. Expanding on John Main's route map of the mantra he will also show how the inner practice is always reflected in the way we live.



The Australian Christian Meditation
Community

RETREAT PROGRAM

The Retreat is a fully residential silent retreat for new & experienced meditators. The daily program includes periods of silent meditation, communal prayer, personal reflection & reading as well as Eucharist & key presentations by Fr. Laurence.

- Registration: 1pm to 4pm on Tuesday 3 July
- Conclusion: after lunch on Sunday 8 July.
- Participants commit to be present from July 3-8 inclusive.

ACCOMODATION

Newman College is an established residential college accommodating up to 200 at the University of Melbourne, in the heart of the city. The iconic buildings, ideal for a retreat, were designed by Walter Burley Griffin and are set in spacious and leafy gardens. See www.newman.unimelb.edu.au

- Single room accommodation with shared facilities. Men & women are accommodated separately.
- Linen and towels are provided.
- Warm clothing is recommended.
- Registration covers all meals and accommodation.
- Car parking is NOT available at Newman College.

REGISTRATION CONFIRMATION:

Upon registration, you will receive a confirmation email including directions, map, and transport options, check-in details, daily program outline & reading to help prepare for your Retreat.



PAYMENT DETAILS

GENERAL:

- Retreat payment must be made by either cheque/ money order OR by EFT.
- Early-bird fee: \$675 due in full by **16 March**
- Normal fee: \$750 due in full by **31 May**
- A deposit of \$150 will secure your registration.
- Cancellation: Before 10 June, payments will be refunded less administrative costs. After this date, payments are non-refundable.

EFT PAYMENT STEPS:

- Pay by EFT to *ACMC Conference* account:
BSB 085 458 Account 867884064
- Reference: use your own name. e.g J Smith
- Confirm your payment by email (to pac1888@gmail.com) advising your name, address, amount and date deposited, to enable us to track your payment/s.
- Complete your registration form and either: mail to the address below OR scan and email to: chrmedevent@gmail.com

CHEQUE/ MONEY ORDER: Send your Registration form with cheque or money order (payable to ACMC) to the address below.

SCHOLARSHIPS: Some partial scholarships may be available. Please consider helping others to come to this Retreat by making a donation according to your means. We welcome any amount given.

FURTHER INFORMATION & CONTACTS:

- Email: chrmedevent@gmail.com
- Ph. 0437 514 148
- Further brochures/ booking forms are available on the website: www.christianmeditationaustralia.org
- **Mailing address:** ACMC, 18 The Boulevard, Hawthorn, Vic. 3122



As meditators, we set aside regular times each day to enter the freedom of silence, stillness and solitude; to enter an experience of refreshment in turning away from words and thoughts; to enter into a commitment to a practice, not a theory, of being in the presence of Christ. Simplicity! We may further commit to a weekly group meeting and to periodic short retreats, which offer solitude within a community setting. Participation in longer retreats every so often is valuable as a way of extending this practice further - helping to keep us Christ centred rather than ego centred, as we again re-engage with family and work. In this context, I highly recommend participation in this National Retreat and particularly look forward to Fr. Laurence's map for the journey regarding "a common wisdom about the stages of contemplation".

Stephen Holgate

National Coordinator (ACMC)

