

CHRISTIAN MEDITATION RETREAT DAY FOR TEACHERS



21 June 2010, 9.00am—3.00pm

Holy Cross Centre, 207 Serpells Rd, Templestowe
MELWAYS MAP 34 A/7

National Bus Service Route 279 stops directly in front of Holy Cross
This bus connects with the train service at Box Hill Railway Station



Australian Christian Meditation Community

TEACHING CHRISTIAN MEDITATION IN SCHOOLS

The purpose of this day is to slow down,
to renew and to re-energize oneself
by drawing on the source of all Energy in the depths of our being

In learning to be, our prayer life and our doing are transformed

EXPERIENCE AGAIN SITTING AND MINDFUL WALKING

IT IS OPEN TO ANYONE WHO HAS ATTENDED
A PREVIOUS WORKSHOP ON CHRISTIAN MEDITATION

Cost \$60.00 (lunch & refreshments included)



*In the abundance of his glory may he,
through his Spirit, enable you to grow firm in power
with regard to your inner self, so that Christ
may live in your hearts through faith,
and then, planted in love and built on love,
with all God's holy people you will have the strength
to grasp the breadth and the length, the height and the
depth; so that, knowing the love of Christ,
which is beyond knowledge,
you may be filled with the utter fullness of God.*

EPHESIANS 3: 16-19

BOOKINGS: Download the booking form from the APMC website
www.christianmeditationaustralia.org

CONTACT: Mirella Pace: mpace49@optusnet.com.au or mobile 0408 470 114
Ruth Fowler: rafowler@optusnet.com.au or sms 0417 340 327